

Country Meetings NSW, ACT & NT

City / Town	Day	Time	Location
Albury / Wodonga			See Thurgoona below
Bathurst	-	-	For meeting information call → 6331 7332
Bowral	Wed	7-8pm	BOWRAL: Uniting Church Basement Ben Dooley Street
Blue Mountains	Thurs	6:30 pm	LAWSON: Mid Mountains Neighbourhood Centre New St
Byron Bay	Fri	5.10-6.10pm	BYRON BAY, Uniting Church, Carlyle St, (Opposite Woolworths)
Canberra	Sun	10:00 -11:30 am	CANBERRA CITY: <i>Steps&Traditions</i> Level 2, Club 12/15 Youth Services Bldg Cnr Cooyong& Petrie Sts, Civic. Opp. open air carpark
	Mon	6 – 7pm	WESTON CREEK: <i>Abstinence</i> Community Centre Meeting Room 2, Parkinson St, Weston
	Tues	12.30-1.30	CANBERRA CITY Meeting Room 3, Griffin Centre 20 Genge Street Canberra City
	Wed	7.30pm	BELCONNEN: Lewisham Bldg, Calvary Hospital, off Haydon Drive (call first time)
Central Coast	Tue	1.30pm	EAST GOSFORD: Progress Assoc Cnr Henry Parry Dr & Wells St
	Wed	7.00pm	THE ENTRANCE: All Saints Anglican Church 287 The Entrance Rd
	Fri	7.30pm	WOY WOY: Woy Woy Peninsular Community Centre, 93MacMastersRd
Jindabyne	-	-	For meeting information call → 9518 3004
Lismore	-	-	For meeting information call → 9518 3004
Merimbula	Sat	1pm	St Joseph's Catholic Church Hall, 79 Main Street
Mudgee	-	-	For meeting information call → 9518 3004
Narooma	-	-	For meeting information call → 9518 3004
Newcastle	-	-	BERESFIELD: For meeting information call → 9518 3004
	Thurs	7:30 pm	WALLSEND: St Lukes Church Hall, 11 Brown St, Wallsend
	Sat	10am	JESMOND: Neighbourhood Ctr Mordue Pde (next to Stockland Mall carpark)
Nowra	Wed	9:30am	BOMADERRY: The Victory Centre, 54 Narang Rd
Sth West Rocks	Mon	6pm	Medical Centre, 7/9 Steven Eggleton Dr
Thurgoona (Albury / Wodonga)	Tues	7.30 – 9.30pm	Thurgoona Community Complex, cnr Kosciusko Rd & Old Sydney Rds (Now Table Top Road)
Tweed Heads	Fri	10:30am	Tweed Heads Hospital, Allen Miller Community Room, Cnr Florence St & Keith Compton Drive
Ulladulla			For meeting information call → 9518 3004
Wagga Wagga	Thu	4 – 5.30pm	Behind Anglican Church - cnr Fernleigh Rd & Mitchelmore St
Wollongong	Tue	6.30pm	ALBION PARK RAIL: Neighbourhood Centre, corner Ash Ave & Tongarra Rd
	Mon	7:30pm	BULLI: Bulli Community Centre, 1st Floor, 328 Princes Hwy (rear entrance)
Young	-	-	For meeting information call → 9518 3004
N.T	Thurs	7:30 pm	Nightcliff Primary School Demountable D1/D2 Pandanas St NIGHTCLIFF N,T contact Marg 0402602602

Overeaters Anonymous



June 2010

IS FOOD

A PROBLEM FOR YOU?

- ✓ Do you eat when you're not hungry?
- ✓ Do you go on eating binges for no apparent reason?
- ✓ Do you give too much time and thought to food?
- ✓ Is your weight affecting the way you live your life?

Sydney Info (02) 9518 3004

Info@oasydney.org

JOIN US!

- ♥ No dues, no fees
- ♥ no weigh-ins, no diet
- ♥ We are a fellowship of recovering compulsive eaters

Worldwide: www.oa.org

Sydney: www.oasydney.org

Asia Pacific: www.oaregion10.org

Sydney Meetings

Day	Time	Location
Sunday	10 –11:30 am *	GLEBE: <i>Voices in Recovery</i> - St Helens Community Centre 184 Glebe point Rd Glebe
	4pm	LINDFIELD: <i>Steps & Promises</i> -Kuringai Snr Citizens Resource Ctr (behind library) 271 Pacific Hwy
	5-6.15pm	RANDWICK: <i>Steps & Literature</i> – Ventnor Building (left of church) - Our Lady of Sacred Heart Church, 193 Avoca St (opp Royal Randwick Plaza) - warm friendly welcome – tea & coffee & heaters provided!
Monday	10am	WILLOUGHBY: <i>Abstinence Focus</i> Bales Park Pavilion off Sydney Rd.
	10.30 am	MONA VALE: <i>Literature</i> Mona Vale Hospital, Community Health Centre, Coronation Street
	7:30 – 8:30 pm *	DULWICH HILL: <i>Steps & Traditions Focus</i> – OA Office, 33 Lewisham St
	7pm * ^	FORESTVILLE: <i>"Hope in Action" Newcomers meeting</i> - Forest Community Arts Centre , Classroom 1 Forestville Shopping Centre, Darley St
	7.30-9pm	GUILDFORD: ID – Hewitt House Neighbourhood Ctr, 486 Guildford Rd West
Tuesday	7 pm-8pm	BONDI JUNCTION: <i>Abstinence</i> -The Crypt, Holy Cross Church, 17 Adelaide St (enter from footpath)
Wednesday	1.30pm	RICHMOND: <i>Steps and literature</i> – St Andrews Church Centre, West Market St (front entrance) Big Book and OA 12 x 12 + other Conf approved Literature
	7.30-8.30pm	GLEBE: <i>Spirituality Focus</i> - Wed 16th June to Wed 7th July (inclusive) meeting will be at St Helens Community Centre, 184 Glebe Point Rd, Glebe From Wed 14th July ongoing will be at Walter Burley Griffin Incinerator, 53 Forsyth St, Glebe.
	8-9pm	LINDFIELD: <i>Keep Coming Back</i> Lindfield Centre for Seniors (hall next door to library) 259 Pacific Highway, Lindfield
Thursday	1-1.45pm	CITY: <i>For Today</i> – Uniting Church, 264 Pitt St (near Park St)
	6 – 7pm	PENRITH / ST MARY'S: <i>Steps 1, 2 & 3 (as outlined in the Big Book and 12x12)</i> St Mary's Community Centre Meeting Room 2, Cnr Great Western Hwy & Mamre Rd - access via Collins or Swanston Streets - Sydways Map 227 H17
	7pm * ^	FORESTVILLE:) "Seeking the spiritual path" and" A new beginning" – Forest Community Arts Centre , Classroom 1 Forestville Shopping Centre, Darley St Forestville
	7.30-8.45pm *	DULWICH HILL: <i>Voices of Recovery/ For Today</i> – OA Office, 33 Lewisham St
Friday	10.30-11.30am	CHATSWOOD <i>A New Way of Living</i> Salvation Army Complex Cnr Johnson & Archers Sts short walk from Station parking on site
	10:30am-12noon	RIVERSTONE: <i>Steps & Traditions</i> – Riverstone Community Centre, Park Street
	7.15pm	CURL CURL: <i>Literature/Newcomer Focus</i> – South Pacific Private Hospital, 18 Beach Rd, Curl Curl Meeting held in Lotus Room Ground Floor
Saturday	8-9am *	DULWICH HILL: <i>Spiritual Concepts</i> – OA Office, 33 Lewisham St
	8-9.15am	LINDFIELD: <i>In God's Hands</i> -Kuringai Snr Citizens Resource Ctr (behind library) 271 Pacific Hwy
	8-9 am	NARRABEEN: The Tram Shed Community Arts Centre, 1395 Pittwater Road (meeting room at back of complex)
	9-10am *	RANDWICK: <i>Big Book Study</i> - Literary Institute, 60 Clovelly Rd

* Open Public Holidays (but it is recommended that you call first to check) ^ Wheelchair access