

Country Meetings NSW, ACT & NT

City / Towns	Day	Time	Location
Albury /Wodonga	-	-	See Thurgoona below
Bathurst	-	-	For meeting information call →
Bowral	Wed	6-7pm	BOWRAL: Uniting Church Basement Bendooley Street
Blue Mountains	Thu	6:30pm	LAWSON: Mid Mountains Neighbourhood Centre New St
Byron Bay	Fri	5.10-6.10pm	BYRON BAY, Uniting Church, Carlyle St, (Opp Woolworths)
Canberra	Sun	10:00 -11:30 am	CANBERRA CITY: Steps & Traditions, Level 2, Club 12/15 Youth Services Bldg, Cnr Cooyong & Petrie Sts, Civic. Entry opp open air car-park
	Mon	6 - 7pm	WESTON CREEK: Abstinence Community Centre Meeting Room 2, Parkinson St, Weston
	Tues	12.30-1.30	CANBERRA CITY Meeting Room 4, Griffin Centre 20 Genge Street Canberra City
	Wed	7.30pm	BELCONNEN: Lewisham Bldg, Calvary Hospital, off Haydon Drive (call first time for exact directions)
Central Coast	Tue	1.30pm	EAST GOSFORD: Progress Assoc Cnr Henry Parry Dr & Wells St
	Wed	7 - 8.15pm	THE ENTRANCE: , The Entrance Community Centre, The Craft room B block, Oakland Ave The Entrance (entry via Battley Ave)
	Fri	7.30pm	WOY WOY: Woy Woy Peninsular Community Centre, 93 MacMasters Rd
Jindabyne	-	-	For meeting information call →
Lismore	-	-	For meeting information call →
Merimbula	Sat	1pm	St Joseph's Catholic Church Hall, 79 Main Street
Mudgee	-	-	For meeting information call →
Narooma			For meeting information call →
Newcastle			BERESFIELD For meeting information call →
	Thu	7:30pm	WALLSEND: St Lukes Church Hall, 11 Brown St, Wallsend
	Sat	10am	JESMOND: Neighbourhood Ctr Mordue Pde (next to Stockland Mall carpark)
Nowra			For meeting information call →
Sth West rocks	WED	6pm	Medical Centre, 7 / 9 Steven Eggleton Dr
Thurgoona (Albury / Wodonga)	Tue	7.30 – 9.30pm	Thurgoona Community Complex, Cnr Kosciusko Rd & Old Sydney Rds (Now Table Top Road)
Tweed Heads	Fri	10.30am	Tweed Heads Hospital, Allen Miller Community Room, Cnr Florence St & Keith Compton Drive
Ulladulla			For meeting information call →
Wagga Wagga			For meeting information call →
Wollongong	Mon	1pm – 2.30pm	Wollongong: St. Michael's Church Hall, Church Hill (t-intersection of Church St & Market Sts, opposite Wollongong Police Station), Big Book Study meeting (Closed Public Holidays)
	Mon	7:30 pm	BULLI: Bulli Community Centre, 1st Floor, 328 Princes Hwy (rear entrance)
	Tue	6.30pm	ALBION PARK RAIL: Neighbourhood Centre, corner Ash Ave & Tongarra Rd
Young	-	-	For meeting information call →
Darwin N.T.	Thur	7:30	Nightcliff Primary School Demountable D1/D2 Pandanas St NIGHTCLIFF N,T

Overeaters Anonymous



October 2011

IS FOOD

A PROBLEM FOR YOU?

- ✓ Do you eat when you're not hungry?
- ✓ Do you go on eating binges for no apparent reason?
- ✓ Do you give too much time and thought to food?
- ✓ Is your weight affecting the way you live your life?

Sydney Info (02) 9518 3004

Info@oasydney.org

JOIN US!

- ♥ No dues, no fees
- ♥ no weigh-ins, no diet
- ♥ We are a fellowship of recovering compulsive eaters

Worldwide: www.oa.org

Sydney: www.oasydney.org

Asia Pacific: www.oaregion10.org

Sydney Meetings

Day	Time	Location
Sun	10 –11:30 am * ^	GLEBE: <i>Steps & Traditions</i> St Helens community Centre, 184 Glebe Point Rd, Glebe
	5-6:15pm	RANDWICK: <i>Steps & Literature</i> – Ventnor Building (left of church) - Our Lady of Sacred Heart Church, 193 Avoca St (opp Royal Randwick Plaza) – warm friendly welcome – tea & coffee & heaters provided!
Mon	10.00 am	CROW'S NEST: <i>The Northside Centre (next to Northside Baptist Church). 65 Willoughby Rd.</i> This meeting is child friendly so bring them with you... please be aware of this when attending and expect some interruption
	10.30 am	MONA VALE: <i>Literature</i> Mona Vale Hospital, Comm Health Centre, Coronation St
	7:30–8:30pm*	DULWICH HILL: – <i>Steps & Traditions</i> - OA Office, 33 Lewisham St
	7pm * ^	FORESTVILLE: <i>"Hope in Action" Newcomers meeting</i> – Forest Community Arts Centre , Classroom 1 Forestville Shopping Centre, Darley St
	7.30-9pm	GUILDFORD: <i>ID</i> – Hewitt House Neighb'd Ctr, 486 Guildford Rd W
Tues	7-8 pm	BONDI JUNCTION: <i>Abstinence</i> - The Crypt - Holy Cross Church 17 Adelaide St (enter directly from footpath)
Wed	1.30pm *^	RICHMOND: <i>Step and literature</i> – St Andrews Hall, West Market St (front entrance) timber Hall, Big Book and OA 12 x 12 + Other Conf approved Literature
	7.30 – 8.30pm^	GLEBE: <i>Spirituality</i> Glebe Library (Ben Ledi House) 186 Glebe Point Road, Glebe Level 1 Meeting Room (Upstairs - no disabled access)
	7-8pm	WILLOUGHBY: <i>Keep Coming Back</i> Uniting Church, 10 Clanwilliam Street, Willoughby. front entrance... first room on Left
Thu	1-1.45pm	CITY: <i>For Today</i> – Uniting Church, 264 Pitt St (near Park St)
	7.15pm * ^	FORESTVILLE: "Seeking the spiritual path" and" A new beginning" Forest Community Arts Centre , Classroom 1 Forestville Shopping Centre, Darley Street,
	7.00-8.30pm	ST MARY'S: Steps & Traditions Don Bosco Centre Upstairs Meeting Room, Mamre Rd - parking Swanston Street
	7.30-8.45pm*	DULWICH HILL: <i>Voices of Recovery/ For Today</i> – OA Office, 33 Lewisham St
Fri	10.30-11.30am	WILLOUGHBY: <i>A New Way of Living</i> Level 2 Room 4 , Uniting Church, 10 Clanwilliam Street, Willoughby
	10:30am-12pm	RIVERSTONE: <i>Steps & Traditions</i> - Riverstone Community Centre, Park St
	7.15pm	CURL CURL: <i>Literature/Newcomer Focus</i> – South Pacific Private Hospital, 18 Beach Rd, Curl Curl Meeting held on ground Floor
Sat	8-9am *	DULWICH HILL: <i>Spiritual Concepts</i> – OA Office, 33 Lewisham St
	8-9.15am	ROSEVILLE: <i>In God's Hands-</i> Roseville Uniting Church 7 Lord Street Roseville
	8-9 am	NARRABEEN: The Tram Shed Community Arts Centre, 1395 Pittwater Road (meeting room at back of complex)
	9-10am *	RANDWICK: Big Book Study : Literary Institute, 60 Clovelly Road, Randwick, up the stairs on the right. (From 17 Dec 2011 to 28 Jan 2012: The Ventnor Building (or timber cottage) in grounds of OLSH Church, 193 Avoca St, Randwick.)

* Open Public Holidays (but it is recommended that you call first to check) ^ Wheelchair access